



# REHEARSING WITH FOCUS



◎ **Anchor your mind.** Avoid mental wandering and drifting. Since you're here physically, be here mentally.

◎ **Tame your tongue.** Side conversations and idle chatter choke the forward progress of the entire choir. When the director is giving direction, chatter is rude. Remember: it takes two people to have a conversation so don't start or respond to chatter.

◎ **Eliminate excessive movement during rehearsal.** Every time you get up or move, you distract someone. Go to the restroom, get a drink of water and take care of other personal matters before entering rehearsal.

◎ **Know when enough is enough.** Rehearsal should be enjoyable but too many jokes and too much silliness during rehearsal kill productivity.

◎ **Use your cell phone only to record your vocal part for practicing between rehearsals.** Otherwise, do not use your cell phone or other device to answer calls, text, surf the Internet or anything else.

◎ **Socialize to your heart's content before and after rehearsal.** Choirs are full of sociable people and team camaraderie is important. Remember: to everything there is a season. The season to socialize is before and after rehearsal.

◎ **Bring every thought captive.** Negative thoughts will change your focus from what Almighty God can do through you to your own human limitations. Maintain a positive attitude.

◎ **Rehearse with all your heart as rehearsing unto the Lord.** Give God your best effort during rehearsal.

◎ **Commit to the following while the director is working with another section:**

- ☑ Pray for the members of your section
- ☑ Pay attention to what the director is saying to the other section regarding enunciation, breathing, rhythm, dynamics, tempo, etc.
- ☑ Practice breathing exercises
- ☑ Study and work on memorizing your lyrics
- ☑ Sing your own part in your head to practice it and feel how the harmonies blend
- ☑ Learn the other part
- ☑ Review the scriptures associated with the song
- ☑ Show respect to the other section as you would have them show you